How the 3rd Sector Works to Reduce Harm

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Who we are?

Previously known as CAIR Scotland but have merged into the Hillcrest Group of Companies with all staff moving across to Gowrie Care as subsidiary of Hillcrest.

Funded by local ADP's and NHS to deliver services to adults and young people affected by substance use.

Fatal and Non Fatal Overdoses

What statement reflects Tayside situation:

1 Overdose in Every 15 is Fatal?

1 Overdose in Every 25 is Fatal?

1 Overdose in Every 30 is Fatal?





90 % of DRD are preventable



Background

- Dundee known as 'Drugs death capital of Scotland"
- DRD on continuous increase
- Dundee Drugs
 Commission launched

Evening Telegraph

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Dundee is 'drugs death capital' of Scotland

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Dundee's drug problem: 'One person a week could die from overdoses'

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Concern over fatal drug overdoses in Dundee ward

THE COURIER.CO.UK

Addicts warned of deadly batch of heroin in Dundee following fatal overdoses

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Addicts warned of deadly batch of heroin in Dundee following fatal overdoses

Evening Telegraph

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New Dundee drugs commission 'must listen to addicts'



Interventions to Reducing Harm

- Peer education and peer led initiatives –
 Creative writing group
- Break the Cycle to increase awareness of alternatives to injection
- Dryve Nights
- SMART Family and Friends
- Life Coaching programmes
- Community Allotment





Interventions cont.

Gowrie Care staff deliver outreach Dedicated service aimed at within 5 main hostels in Increasing awareness of Dundee to identify those not engaging associated risk In existing services Image and performance Homeless enhancing Groups drugs **Community HUB** Drop – In service, to ensure right intervention at the right time Street Begging/ Rough Sleeping



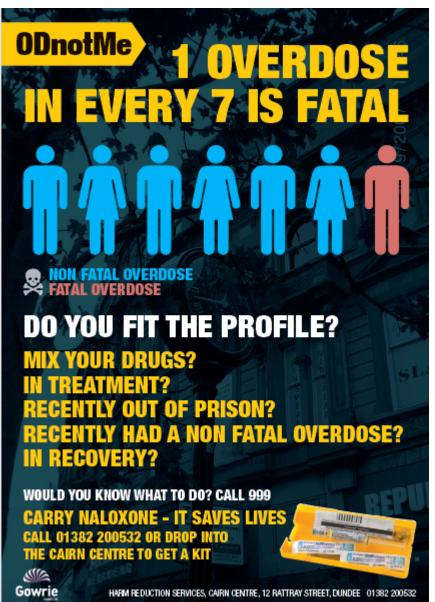
Multi agency approach



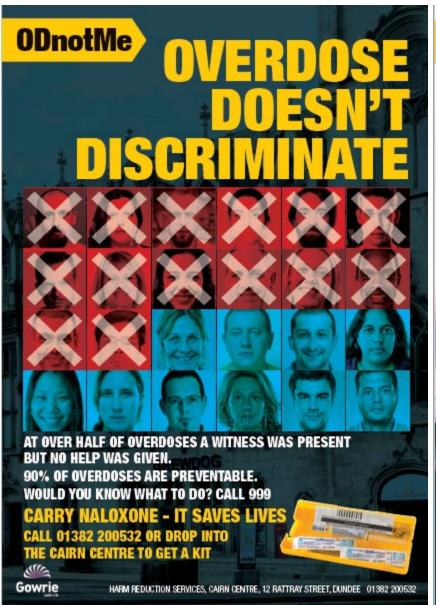
Naloxone Programme

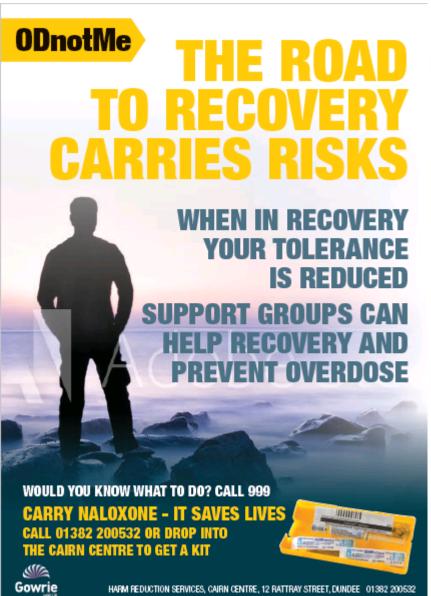
- 3rd sector staff now issue Naloxone alongside NHS staff in the Cairn Centre
- Resulted in an increase of Naloxone uptake
- Issue 100+ Naloxone per month
- Provide 60-70 training sessions to service users and external staff per month
- In hostels we are providing weekly drop in services and more training for staff
- Promoting Naloxone through OD Not Me Campaign
- Local events to raise awareness











Dry Blood Spot Testing from 3rd Sector staff

- DBST testing for HBV, HCV and HIV (HCV current prevalence in Tayside 23%)
- Out of 3000 DBST carried in Tayside, Harm Reduction staff have carried out just over 1500 since 2009.
- Currently 94% of results have been issued -This demonstrates that positive relationships are being built in the Needle Exchange and that "Chaotic" individuals will return for results and do want to address their behaviours and their well-being.
- Over 300 re tests





- Of the positive patients 88% have attended for follow up blood tests
- DBST has resulted in 200% increase in HCV diagnosis in Tayside



Advance HCV

- Aim to eradicate HCV from injecting population within next 2 years
- A Direct Observed Therapy vs. Fortnightly Collection Study for HCV Treatment
- Aims to eradicate Hep C in Tayside
- Links into sexual health services, community hub, support & recovery groups, women's only group, food banks

Legislation Awareness

- Being aware of current and changing legislation
- Regulations Services supplying Naloxone introduced in 2015
- New Psychoactive Substance Act 2016
- Safer Drug Consumption Rooms – "Fix rooms"





What do we need to do?

- Provide informative training programmes within a variety of settings to ensure shared learning.
- Continued representation at a strategic level to influence positive change
- Continued multi agency approach
- Work to reduce stigma in communities
- Peer led initiatives to raise awareness of harms associated to substance use



| Harris and a state of |
|-------------------------------------|
| WALKED INTO A HOSPITAL, |
| AND I WAS FUCKING STEAMING, |
| THE DOCTOR DONE AN ULTRASOUND, |
| AND SAW AN IMAGE OF A DEMON! |
| HE WENT CHALK WHITE, |
| AND BOLTED FROM THE ROOM, |
| THEN THE DEMON SPOKE TO ME, |
| ABOUT THE DANGERS OF THE SPOON, |
| I WORKED MY WAY INSIDE YOU, |
| AS YOU PUSHED ME TUROUGH YOUR SKIN, |
| THE CAPSULE WAS A ZMIL BARDEL, |
| YOU'D FILED WITH HEROIN, |
| AND NOW THAT IM INSIDE YOU CHEIS, |
| IM GONNA TAKE YOUR SOUL, |
| PIECE BY PIECE I'LL TAKE YOUR LIFE, |
| THAT'S WHY YOUR GROW HAS A HOLE, |
| NEXT I'LL TAKE AN ARM, |
| OR MAHBE TAKE A LEG, |
| GIVE YOU HEP OR HIV, |
| OR ONERDOSE YOU DEAD, |
| EITHER WAY I WILL LIVE ON, |
| INSIDE OF SOMEONE FLUSE, |
| AND THER LIFE WILL BE TOOK APART, |
| AND SOUL BE DRAGGED TO HELL! |
| |
| |
| |
| (DEMONIC PROPHECY) |



Thank you

Any Questions?



Sources

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- 3. https://www.eveningtelegraph.co.uk/fp/dundee-drugs-death-capital-scotland/
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- 9. https://www.eveningtelegraph.co.uk/fp/new-drug-commission-set-tackle-substance-abuse-scourge-dundee/
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