

addaction



Gareth Balmer, Harm Reduction Fife

Fife Harm Reduction Services

- Fife population: 367,000
- Fixed site
- Outreach van
- 19 IEP Pharmacies

Downers

- **Overdose and DRD**
- Another increase this year?
- Fife population rate same as overall Scottish rate
- Normal for Scotland

Our normal isn't normal.....

RESIDENCE POSTCODE	Drug-related deaths per 1,000 population ages 15-64
	0.42
	0.20
	0.07
	0.15
	0.16
	0.13
	0.49
	0.74
	0.10
	0.11
	0.14
FIFE	0.20
SCOTLAND	0.20

Downers

- Overdose and DRD
- Infections: iGas

Warning serious infection in people who inject drugs in Fife

Early signs and symptoms of iGas

High fever
Severe muscle aches
Localised muscle tenderness
Redness at the site of a wound

If you have any of these symptoms seek medical advice as soon as possible

The health protection team has warned us about iGas infections amongst injecting drug users in Fife.

To reduce your risk remember

clean hands : wash them before using

clean site: always swab site before injecting

clean hit: always use a new set of ALL equipment

Downers

- Overdose and DRD
- Infections iGas
- Xanax



Downers

- Benzo's of all shapes and sizes
- Gabapentin/Pregabalin

Downers

- Overdose and DRD
- Infections iGas
- Xanax
- Poverty: foodbanks, Universal Credit, loss of big employers

Uppers

Uppers

- **Cocaine**
- Crack/Freebase
- Smoked
- Injected

Uppers

- **Cocaine**
- Visible changes in people
- Changes in presentation
- Expensive problem.....

Uppers

- Making Harm Reduction the point again.....
- Triggered interest from Acute Medical Services
- Safer Injecting sites
- Custody suite IEP
- Naloxone: secure funding, strategy in place

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THANK YOU FOR LISTENING!