STAYING ALIVE
PREVENTING DRUG RELATED DEATHS
A TRAINING TASTER
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STAYING ALIVE IN SCOTLAND

The aim of this report is to stimulate actions which can reduce the high mortality rate amongst people with drug problems in Scotland by encouraging a wider and more holistic view of drug related deaths.

June 2016
What are we doing | content

Why drug related deaths occur.

Recent research on protective factors including engaging in treatment.

Supporting people to access and stay in treatment.
What are we doing | today

Recall risk factors for DRD & protective factors for prevention.
Preventing DRD

Risk Factors

Protective Factors
Risk Factors
- Poly substance use
- Periods of abstinence
- Not in treatment
- Opioid user
- History of overdose
- Using benzos
- IV user

Protective Factors
- Stable housing
- Treatment options
- Optimal dose of ORT
- Flexible appointments
- Assertive outreach
- Accessible services
- Naloxone
Sean is 37 and has been injecting heroin for the last 15 years. He lives 1 hour away by bus from the town centre where the community drug problem service is located. The bus service runs every 2 hours. Sean injects heroin and has been known to share equipment if he hasn’t been able to access the needle exchange. Sean has a history of non-engagement with services and has had a number of non-fatal overdoses in the past. Sean is quite isolated from family and is main social contact is through other peers he injects with.
Indicators of potential sources of risk and Possible risk management responses
Main Office
Scottish Drugs Forum
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e: enquiries@sdf.org.uk
www.sdf.org.uk

Edinburgh
139 Morrison Street
Edinburgh EH3 8AJ
t: 0131 221 9300
f: 0131 221 1556
e: enquiries@sdf.org.uk

Find drug services in your area:
www.scottishdrugservices.com

Hepatitis Scotland
www.hepatitisscotland.org.uk

Take Home Naloxone
www.naloxone.org.uk