How the 3rd Sector Works to Reduce Harm

Danny Kelly
Team Manager Harm Reduction
Who we are?

Previously known as CAIR Scotland but have merged into the Hillcrest Group of Companies with all staff moving across to Gowrie Care as subsidiary of Hillcrest.

Funded by local ADP’s and NHS to deliver services to adults and young people affected by substance use.
Fatal and Non Fatal Overdoses

What statement reflects Tayside situation:

• 1 Overdose in Every 15 is Fatal?
• 1 Overdose in Every 25 is Fatal?
• 1 Overdose in Every 30 is Fatal?
90 % of DRD are preventable
Background

• Dundee known as ‘Drugs death capital of Scotland’
• DRD on continuous increase
• Dundee Drugs Commission launched
Interventions to Reducing Harm

• Peer education and peer led initiatives – Creative writing group
• Break the Cycle to increase awareness of alternatives to injection
• Dryve Nights
• SMART Family and Friends
• Life Coaching programmes
• Community Allotment
Interventions cont.

Gowrie Care staff deliver outreach within 5 main hostels in Dundee to identify those not engaging in existing services.

Dedicated service aimed at increasing awareness of associated risk.

Homeless Groups

Community HUB
Drop – In service, to ensure right intervention at the right time

Street Begging/Rough Sleeping

Image and performance enhancing drugs

Multi agency approach

Gowrie CARE LTD

www.gowriecare.co.uk
Naloxone Programme

- 3rd sector staff now issue Naloxone alongside NHS staff in the Cairn Centre
- Resulted in an increase of Naloxone uptake
- Issue 100+ Naloxone per month
- Provide 60-70 training sessions to service users and external staff per month
- In hostels we are providing weekly drop in services and more training for staff
- Promoting Naloxone through OD Not Me Campaign
- Local events to raise awareness
1 overdose in every 7 is fatal

Non fatal overdose
Fatal overdose

Do you fit the profile?
Mix your drugs?
In treatment?
Recently out of prison?
Recently had a non fatal overdose?
In recovery?

Would you know what to do? Call 999

Carry naloxone - it saves lives
Call 01382 200532 or drop into the Cairn Centre to get a kit

More people die in Dundee from drug related deaths than road traffic accidents

Drug related deaths
Road traffic deaths

Many people are at risk of overdose but don’t realise it
We cannot allow this to continue
Would you know what to do? Call 999

Carry naloxone - it saves lives
Call 01382 200532 or drop into the Cairn Centre to get a kit
ODnotMe

OVERDOSE DOESN'T DISCRIMINATE

AT OVER HALF OF OVERDOSES A WITNESS WAS PRESENT BUT NO HELP WAS GIVEN.
90% OF OVERDOSES ARE PREVENTABLE.
WOULD YOU KNOW WHAT TO DO? CALL 999
CARRY NALOXONE - IT SAVES LIVES
CALL 01382 200532 OR DROP INTO THE CAIRN CENTRE TO GET A KIT

Gowrie
HARM REDUCTION SERVICES, CAIRN CENTRE, 12 RATRAY STREET, DUNDEE 01382 200532

ODnotMe

THE ROAD TO RECOVERY CARRIES RISKS

WHEN IN RECOVERY YOUR TOLERANCE IS REDUCED
SUPPORT GROUPS CAN HELP RECOVERY AND PREVENT OVERDOSE

WOULD YOU KNOW WHAT TO DO? CALL 999
CARRY NALOXONE - IT SAVES LIVES
CALL 01382 200532 OR DROP INTO THE CAIRN CENTRE TO GET A KIT

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Dry Blood Spot Testing from 3rd Sector staff

- DBST testing for HBV, HCV and HIV (HCV current prevalence in Tayside 23%)

- Out of 3000 DBST carried in Tayside, Harm Reduction staff have carried out just over 1500 since 2009.

- Currently 94% of results have been issued - This demonstrates that positive relationships are being built in the Needle Exchange and that “Chaotic” individuals will return for results and do want to address their behaviours and their well-being.

- Over 300 re – tests

- Of the positive patients 88% have attended for follow up blood tests

- DBST has resulted in 200% increase in HCV diagnosis in Tayside
Advance HCV

• Aim to eradicate HCV from injecting population within next 2 years
• A Direct Observed Therapy vs. Fortnightly Collection Study for HCV Treatment
• Aims to eradicate Hep C in Tayside
• Links into sexual health services, community hub, support & recovery groups, women’s only group, food banks
Legislation Awareness

• Being aware of current and changing legislation

• Regulations – Services supplying Naloxone introduced in 2015

• New Psychoactive Substance Act 2016

• Safer Drug Consumption Rooms – “Fix rooms”
What do we need to do?

• Provide informative training programmes within a variety of settings to ensure shared learning.

• Continued representation at a strategic level to influence positive change

• Continued multi agency approach

• Work to reduce stigma in communities

• Peer led initiatives to raise awareness of harms associated to substance use
WALKED INTO A HOSPITAL,
AND I WAS FUCKING STEAMING,
THE DOCTOR DONE AN ULTRASOUND,
AND SAW AN IMAGE OF A DEMON,
HE WENT CHALK WHITE,
AND BOLTED FROM THE ROOM,
THEN THE DEMON SPOKE TO ME,
ABOUT THE DANGERS OF THE SPOON,
I WORKED MY WAY INSIDE YOU,
AS YOU PUSHED ME THROUGH YOUR SKIN,
THE CAPSULE WAS A 2 MIL BARREL,
YOU'D FILLED WITH HEROIN,
AND NOW THAT IM INSIDE YOU CHRIS,
IM GONNA TAKE YOUR SOUL,
PICE BY PIECE I'LL TAKE YOUR LIFE,
THATS WHY YOUR GROW HAS A HOLE,
NEXT I'LL TAKE AN ARM,
OR MAYBE TAKE A LEG,
GIVE YOU HEP OR HIV,
OR OVERDOSE YOU DEAD,
EITHER WAY I WILL LIVE ON,
INSIDE OF SOMEONE ELSE,
AND THEIR LIFE WILL BE TOOK APART,
AND SOUL BE DRAGGED TO HELL!

(DEMONIC PROPHECY)
Thank you

Any Questions?
Sources

1. https://www.eveningtelegraph.co.uk/fp/concern-fatal-drug-overdoses-dundee-ward/
3. https://www.eveningtelegraph.co.uk/fp/dundee-drugs-death-capital-scotland/
7. https://www.hri.global/contents/716