



Glasgow City

Alcohol Awareness Training (1 Day)

Summary

This one day training course aims to increase workers' knowledge of issues relating to alcohol use and enhance awareness of the support needs and the range of services for those experiencing alcohol related problems.

Learning Outcomes

By the end of the session delegates should be able to:

- Describe the physical, mental, emotional and social impacts of alcohol use.
- Recall prevalence of alcohol use in Scotland, patterns of use including unit content for common drinks, state low-risk drinking guidelines and key alcohol-related issues being identified in the field.
- Explain key reasons why people use alcohol and the signs of problematic alcohol use.
- Recognise the impact of stigma and staff attitudes on people who use alcohol seeking and gaining support.
- Describe the cycle of change model.
- Understand and explain effective strategies and treatment options to support those experiencing problems with alcohol.
- List key resources and services to support those experiencing alcohol related issues.

Target Audience

Health, Social Care and Voluntary Organisation staff who work in the community in non addictions settings who wish to increase their knowledge and awareness of alcohol issues. These courses are **ONLY** available for staff working within the Glasgow City Region.

Dates: Various throughout July 2018 - Check website for details

Venue: Check website for venues

Time: 9.30am - 4.30pm

Booking Information:

To book a place on an event, please visit: www.sdfworkforcedevelopment.org.uk

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.